

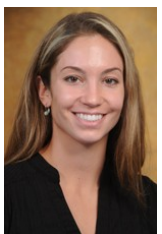
Camp Directors and Staff:



Kim Wayne
Camp Director

Wayne joins the Wildcat athletic staff after working as an assistant coach the past two years at Columbia University in New York, N.Y.

Her main responsibility while at Columbia was as the defensive coordinator as she was solely in charge of the Lions' defensive unit and goalkeepers. Prior to her two-year stint at Columbia, Wayne was an assistant lacrosse coach at Johns Hopkins University. Before her time at JHU, Wayne also spent two years at James Madison. Both JHU and JMU attained national rankings during Wayne's tenure; with the Blue Jays ranking as high as No. 2 and the Dukes as high as No. 4. Wayne was a four-year starter at Syracuse and earned third team All-America honors from Inside Lacrosse and first-team Regional All-America honors. The Orange competed in the NCAA Tournament in each of her four seasons.



Amanda Hughes
Assistant Camp Director

Amanda is in her first year as assistant coach for the Davidson lacrosse program. She comes to Davidson after serving the past three years as one of three directors of laxCharlotte, Inc. and a coach for the Queen City Stars.

Hughes is very familiar with the coaching ranks as she was the head varsity coach at Weddington High School from 2004-07. She guided Weddington to the state championship tournament in the third year of the program's existence. In 2007, Hughes was selected the conference coach of the year and twice in her four years at Weddington was chosen as the head coach for The Annual Queen City All-Star Women's Lacrosse game. A standout four-year lacrosse player at Duke, Hughes help lead the Blue Devils to four NCAA Tournament appearances.

Davidson College

Davidson College
Baker Athletic Complex
NoCar Lacrosse Camp for Girls; Box 7158
Davidson, NC 28035-7158



Davidson College



2009 NoCar Lacrosse Camp

July 23rd—25th
2009

Ages 14—18 (Girls)

Sponsored By:

deBeer

NoCar Lacrosse Camp Philosophy:

The NoCar Lacrosse camp is for high school players who are looking for a challenge and a competitive lacrosse experience. Daily sessions emphasize and teach skill development, tactical knowledge and competitive game situations and scrimmaging. Campers are grouped accordingly by age and ability level .

Facilities:

The NoCar Lacrosse camp will be held at Carol Grotnes Belk Turf Field located on Davidson's Main Campus. Belk Turf Field is an artificial surface and is home to the Wildcat Field Hockey Team. The Facility includes grandstands and lights for night play. Small sided competitions will also be played on the adjacent grass practice field. Campers and staff will be housed in air-conditioned college dorm rooms and will eat their meals in Vail Commons Dining Hall.

Sample Daily Schedule

- 7:30am Breakfast
- 8:30am Walk to Fields
- 9:00am Warm-up
- 9:15am Skill and Technical Instruction
- 11:45am Lunch
- 2:00pm Tactical Instruction/small games
- 5:00pm Dinner
- 6:30pm Team Scrimmages
- 8:00pm Camper/Staff Challenge
- 10:30pm Room Check
- 11:00pm Lights Out!

Supervision and Staff:

Campers will receive instruction from NCAA Division 1 coaches and current collegiate lacrosse players. Camper to staff ratio is 8:1. The staff will supervise all meals and the dorms will be under the adult supervision of the camp directors and current Davidson players. A certified athletic trainer will be on staff and available at all times. Emergency medical facilities are located less than ten miles from Davidson's Main Campus.

Price:

Overnight Campers: \$425.00

Day Campers: \$375.00

Cost includes expert instruction, meals, dorm fees and a reversible jersey. Acceptable forms of payment are check or money order and credit card (2/1/09). **Please make check payable to NoCar Lacrosse, LLC and write the camper's name in the memo portion of the check.** Tuition must be paid in full with the application.

Cancellation Policy: Minus a \$100.00 administration fee for day campers and \$1500.00 for overnight campers, all money will be refunded provided notification of cancellation 2 weeks prior to the start of camp.

Airport and Bus Pickup

Our staff will pick up and/or return campers from either the Charlotte airport or bus station. We will also call the parents to let them know of safe arrival and departure.

What to Bring:

- * Stick, goggles, mouthguard, gloves
- * Shorts, T-Shirts, socks, underwear, Personal Toiletries
- * Footwear (turfs, sneakers, cleats)
- * Goalies must bring their own equip.
- * Sheets, pillow, towel, alarm clock

NoCar Lacrosse Camp Registration Form

Name: _____ Address: _____ City: _____ State: _____ Zip: _____ Grade in Sept '09: _____
Phone: _____ Email: _____ US Lacrosse # _____
Date of Birth: _____ School: _____ OVERNIGHT COMMUTER
Circle One: ATTACK MIDFIELD DEFENSE GK Roommate Request (only one): _____
Years of Experience: _____

We/I hereby request you accept camper's application for enrollment in the 2009 NoCar Lacrosse Camp. In consideration of your acceptance of this application, we/I hereby agree to release, indemnify and hold harmless Davidson College, its agents, trustees, employees, representatives or assigns, including the Department of Intercollegiate Athletics and Physical Education, the coaching and training staff and camp employees, from all claims resulting from any injury sustained by my child while traveling and participating in the camp. We/I further hereby give permission to the coaches, training staff or other medical professionals to provide medical care as deemed necessary to my child in case of injury or illness.

Signature of Parent/Guardian: _____

Mail Payment to: Davidson Lacrosse; Baker Athletic Complex; Box 7158; Davidson, NC 28035